

太極拳

T'ai Chi Sword camp in the Netherlands, May 1- May 7, 2021 with Kim Kanzelberger

The sword form is a wonderful and insightful practice, in addition to the regular T'ai Chi form. It gives a whole new dimension to T'ai Chi. There appeared to be a need for a good sword-form course in the style of Cheng Man-Ch'ing and Benjamin Lo. Well: in an intensive six days training we now can learn the entire sword form from Kim Kanzelberger! From Saturday, May 01 to Friday, May 07.

Kim Kanzelberger is a student of Benjamin Lo and has been practicing Tai Chi since 1975. Mr. Kanzelberger founded Center States Tai Chi Chuan - Kansas City in 1980. His classes emphasize Tai Chi for health and personal growth. People of all ages and walks of life have benefited from his concise instruction and ability to convey the spirit of the practice.

Tai Chi Chien (sword) is composed of a 52-posture form. This unique practice further refines and deepens the student's understanding and expression of the essential principles of Tai Chi. Mr. Kanzelberger began studying the sword in 1976, and in the early 1980s he began receiving instruction in the sword form from Benjamin Lo.



Rooms

For this year we have been able to arrange the VolksAbdij in Ossendrecht, with it's beautiful surround-ings, with various room types, for single and double occupancy. Sharing a room is only possible if you share a household at home, because of corona measurements. The prices are per person for the seven-day sword camp:

basic room single occupied	€ 1,125
room comfort single occupied	€ 1,345
room comfort large single occupied	€ 1,425
room comfort large double occupied	€ 1,375

The costs are all in, only the drinks - apart from water, coffee and tea you have to pay yourself.

Registration

Please register with an email to Petra: pn@slowmotions.nl. For substantive questions mail Koos: kk@slowmotions.nl. Please indicate which room type you want and whether you eat vegetarian or meat or fish. The number of places is limited to 25, with a minimum of 20 participants.

Requirements

You must have at least 5 years of experience with the regular T'ai Chi form, short Yang Cheng Man Ch'ing style. Push experience is recommended. We also ask you to bring a wooden or metal T'ai Chi sword yourself.

Payment

We would like to receive a first term upon registration of 200 euros. We are happy to receive the remaining amount 12 weeks before the start of the camp. You can transfer the course fee to account number NL14 ABNA 0456 751 386 in the name of SlowMotions, Rotterdam, stating Sword Camp KK. Cash payment is not possible.

Cancellation

Up to 12 weeks before the start of the camp, you only owe the first term of 200 euros. Between 12 and 6 weeks before the start of the camp, you owe half of the course fee. If you cancel within 6 weeks before the start of the camp, you owe the full course fee. In case of cancellation you can in all cases - in consultation with us - let another student go in your place.





What does the day look like?

We start at 1 may 2021:

SATURDAY

16:00 arrival, room set up

17:00-18:00 class

18:00 Dinner

19:30-20:30 class

SUNDAY – THURSDAY

7:00 – 7:45 flow and standing practice

8:00 Breakfast

9:30 – 10:30 class

11:00 - 12:00 class

12:30 Lunch

15:00 – 16:00 class

16:30-17:30 class

18:00 dinner

19:30 – 20:30 class

20:30 open practice time

FRIDAY

7:00 – 7:45 flow and standing practice

8:00 Breakfast, room check out

10:00 – 12:00 review

12:30 Lunch

The program can be changed during the course
by Kim Kanzelberger. Language is English.

The address of the VolksAbdij in Ossendrecht :

Onze Lieve Vrouwe Ter Duinenlaan 199
4641 RM Ossendrecht
t: +31 (0) 164-672546
info@devolksabdij.nl
www.devolksabdij.nl



For questions and more information (in English):

Kim William Kanzelberger, Director
Website: www.centerstateaichi.com
Email: centerstateaichi@gmail.com

We are looking forward to a beautiful Sword Camp!

